Next Generation Medicine: Stop Heart Disease

Preventing disease is what we do. Now we’re targeting it head on with a totally new level of medicine—and a focus on heart attacks and stroke.

Since its 1997 inception, Cenegenics has forged a paradigm shift in medicine, developing a proactive medical approach for optimized health hailed as “next generation medicine” and garnering worldwide media attention.

Our Heart Disease & Stroke Prevention Program is grounded on that same forward thinking. This sophisticated, proactive program offers the most advanced technology and comprehensive laboratory screening to reduce your risks.

- Critical for your future health—if you have a family history of heart disease or stroke
- Avoid future events—if you’ve had cardiovascular disease or had bypass surgery, heart attack or stroke
- Life saving—for everyone regardless of age, from 13 to 70 or older
- Innovative program designed by four experts in the field—cardiovascular surgeon and three cardiologists

Are you living with a false sense of security, relying on the limits of conventional testing? The Heart Disease & Stroke Prevention Program takes you beyond that to 21st century medicine: genetic screening, advanced lipid panels, laboratory markers for plaque formation and assessments for inflammatory markers—a cause of cardiovascular disease leading to tissue damage, organ destruction, shift in the cellular matrix as well as potential blood clots and heart attacks.

Can you prevent premature death, a heart attack or stroke? Absolutely. But first you have to recognize the warning signs.

Real Facts
- 2,200 Americans die of cardiovascular disease daily: 1 death every 39 seconds.
- Cardiovascular disease claims more lives every year than all cancers, diabetes, Alzheimer’s or accidents.

Prevent heart disease. Call for your evaluation now. 888.412.8769

Why It Works

The Heart Disease & Stroke Prevention Program sets a new benchmark for preventive health: Its evaluation components are more significant, more specific and more accurate in assessing your cardiac health picture.

What makes the program unique? We’ve partnered with three cardio-diagnostic leaders to design the most advanced program—combining the best aspects of the nation’s top two laboratories who screen for cardiovascular disease. No other practice does that.

1. Panasonic Healthcare Group. We are the first private company to use Panasonic’s FDA-cleared, highly precise CardioHealth Station for prevention vs. disease treatment. This non invasive ultrasound system performs an automated measurement to assess intima-media thickness (IMT), identifying your risk for having or developing plaque burden formation in arteries.

2. Quest Nichols. Will you be at risk for coronary disease by age 40, 50 or 60? Genetic testing—such as KIF6 and 9p21—identifies your risk level for coronary heart disease, heart attack or stroke. Advanced lipid panels—using proprietary testing technology to determine lipoprotein particle size and density—reveal whether you currently have disease.

3. Cleveland HeartLab™. Proprietary testing with novel biomarker technologies provides in-depth blood analysis and urine testing. Markers such as ApoE, myeloperoxidase, high-sensitivity C-reactive protein, microalbumin/creatinine ratio (urinary) and F2-isoprostane/creatinine ratio reveal if you’re prone to inflammation and at risk for developing heart attack and stroke. Advanced lipid panels—using proprietary testing technology to determine lipoprotein particle size and density—reveal whether you currently have disease.

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